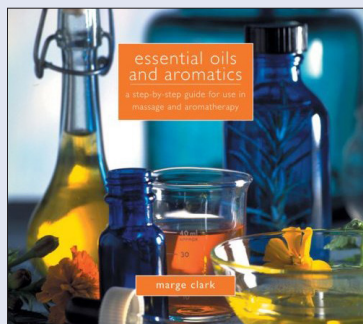


NAHA Book Review

By Kelly Holland Azzaro RA CCAP LMT



Essential Oils and Aromatics:

A Step-by-Step guide for Use in Massage and Aromatherapy

Author: Marge Clark

ISBN: 978-1-933317-73-1, \$16.95

Hard bound cover book with bright and very pretty professional images throughout. The book's texture and visual appeal remind me very much of the beautiful table-top books that call out to you ... pick me up, read me. The type of book you'd be attracted to flip through the pages and

then begin reading, all while sipping on some herbal tea. What a great way to read a book!

Professional Aromatherapist Marge Clark is founder of Nature's Gift an international seller of aromatherapy products. Marge has taught thousands of people about aromatherapy and the benefits of essential oils over the last ten years. Her website and online store are one of the respected mainstays in the Aromatherapy world.

The book begins by Marge sharing her introduction to aromatherapy, which by the way all began with a simple purchase of a bottle of lavender essential oil. This bottle of lavender opened a whole new world to Marge when she used the lavender for a burn her hand and for a friend's headache.

The chapters that follow take the reader through essential oil and carrier oil facts; which include how to purchase, what to look and ask for, notes-top, middle and base categories. Methods of application, safety concerns.

Aromatherapy recipe section includes how to incorporate essential oils safely into ones home environment for balance of body-mind-spirit. Part of this balance includes a natural approach to making your own cleaning products. The book ends with a section on approximately 50 essential oil descriptions.

Compact style, easy to read, user format friendly and many beautiful images. An excellent book for anyone wanting to learn more about aromatherapy and as a beginner reference tool for educational aromatherapy training purposes.

"Every day, all over the world, we send out boxes full of joy and healing." Proud words shared by Marge's daughter. Marge instills her sense of passion and joy in her beautiful book which leads the reader to their own path of healing.

To order an autographed copy of Marge's book visit her website www.naturesgift.com (make notation that you are a NAHA Member and would like an signed copy of book along with free media rate shipping).

Nature's Gift is also part of the NAHA Discount Membership Program by offering a 10% discount off essential oils, blends, carriers, hydrosols.

To learn more about Marge and her book, products please visit her website at www.naturesgift.com.