

by lisa mertz, PhD, LMT

**TAILOR YOUR CLIENT'S MASSAGE WITH THESE OILS**

Marge's Miracle Blend, created by Marge Clark, the mastermind behind [www.naturesgift.com](http://www.naturesgift.com), is composed of essential oils of black pepper, helichrysum and lavandin in St. John's wort-infused carrier oil. I tested it on my own overuse injury with marvelous results. Her DeStress Massage Blend combines pink grapefruit with high-altitude lavender and coriander for a warming and uplifting massage. And her Muscle Ease Massage Oil—warming and soothing—contains lavandin, ginger and eucalyptus. The carrier oil is fractionated coconut, a light-textured oil, which has been refined and sterilized, particularly practical for use with damaged skin since it won't introduce molds or bacteria. It also washes easily out of the sheets and can be added to richer oils to increase shelf life and washability. Burnout Blend (\$17/5ml) is a synergy of the pure essential oils of orange, jasmine, clary sage, coriander, helichrysum, palma rosa, vetiver and benzoin for use in a diffuser or aromalamp. Use it for your

Type A clients. All Marge's oils are thoroughly researched and documented, and her website contains a treasure-trove of information. The highest quality aromatherapy products are offered with the most wonderful personal customer support I've experienced in a web-based business! Check out their health care providers discount program: [www.naturesgift.com/healthpro.htm](http://www.naturesgift.com/healthpro.htm).

*Products: Marge's Miracle Blend, 1 oz. (\$28); Destress Massage Oil, 4 oz. (\$12); Muscle Ease Massage Oil, 4 oz. (\$16); Fractionated Coconut Oil, 4 oz. (\$8); Burnout Blend Synergy, 5 ml (\$17) Available from Nature's Gift: [www.NaturesGift.com](http://www.NaturesGift.com); 615-612-4270; e-mail: [info@naturesgift.com](mailto:info@naturesgift.com).*

